Enrichment Activity 14-6

Drug Free

Directions: In the chart below are the four steps of the S.T.O.P. strategy. For steps 2 and 3, list four different ways to get the message across. For example, for step 2, you might say, “I don’t use drugs because I care too much about my health.”

<table>
<thead>
<tr>
<th>Using the S.T.O.P. Strategy</th>
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<tbody>
<tr>
<td>Step 1: Say no in a firm voice.</td>
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Step 2: Tell why not.

1. 

2. 

3. 

4. 

Step 3: Offer alternative ideas or activities.

1. 

2. 

3. 

4. 

Step 4: Promptly leave.