EXPLODING THE MYTHS (SA-11)

DIRECTIONS: Numbered below are six myths about drinking. Below them are six correct explanations that "explode" or disprove each myth. Match each myth with its correct explanation by placing a number in the box.

1. It's OK to drive if you've only had a few drinks.
   - WRONG. The only thing you'll be is wet. Showers cannot sober you up.

2. Drinking black coffee can sober you up.
   - WRONG. Drinking black coffee will make you no less drunk. Time is the only thing that can sober you up. You'll only be a wide-awake drunk.

3. Mixing drinks will make you drunker.
   - WRONG. Mixing drinks may make you ill, but it's the amount that you drink that makes you drunk, not the flavor.

4. Drink milk before drinking to coat the stomach and you won't get as drunk.
   - WRONG. Even a couple of drinks can impair judgement, reaction time, vision, etc.

5. All alcoholics are skid row bums.
   - WRONG. Milk and all other foods may slow down alcohol's effects, but the alcohol will still get into your bloodstream.

6. Taking a cold shower can sober you up.
   - WRONG. Mixing drinks may make you ill, but it's the amount that you drink that makes you drunk, not the flavor.