7th Grade Health Expectations

Welcome to 7th grade health! I am looking forward to an exciting year of learning! We will follow a three day rotation for the Active Learning Block (ALB), meaning that I will have you in health class every third day of school for the entire year. We will share our three day rotation with physical education and FACS.

Please review the 7th grade health expectations as a family. Please keep the health expectations as a reference for the remainder of the school year. This will guide our grading policy and procedures.

Contact Information:

My name is Mrs. LaPointe and I am very excited to be teaching you this year! Please communicate any questions or concerns that you have! I will be available before school from 7:30 until 8:25 AM and afterschool from 3:05 until 3:30 PM.

- I can be most easily reached via e-mail: cristinal@stma.k12.mn.us
- I can also be reached by telephone: 763-497-4524 x 4010
- A class calendar/ weekly agenda, homework and extra copies of the materials handed out or used in class will be posted on my Google teacher website. The following link will take you to my website:
  
  [http://sites.google.com/a/mystma.org/7th-grade-health-and-physical-education--mrs-lapointe/?AuthEventSource=SSO](http://sites.google.com/a/mystma.org/7th-grade-health-and-physical-education--mrs-lapointe/?AuthEventSource=SSO)

7th Grade Health Units:

Our 7th grade health curriculum is divided by trimesters and includes the following seven units:

- **Trimester 1**
  - Mental Health
  - Families / Relationships / Growth and Development

- **Trimester 2**
  - Nutrition -Communicable/ Non-Communicable Diseases
  - HIV and AIDS Prevention

- **Trimester 3**
  - Drugs / Alcohol
  - Tobacco
Class Room Procedures:
- The STMA Middle School West grading scale will be followed to determine the letter grade at the end of each trimester. The scale is as follows:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>A</td>
<td>94%</td>
</tr>
<tr>
<td>A-</td>
<td>90%</td>
</tr>
<tr>
<td>B+</td>
<td>87%</td>
</tr>
<tr>
<td>B</td>
<td>83%</td>
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<tr>
<td>C+</td>
<td>80%</td>
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<tr>
<td>C</td>
<td>77%</td>
</tr>
<tr>
<td>C-</td>
<td>73%</td>
</tr>
<tr>
<td>D+</td>
<td>67%</td>
</tr>
<tr>
<td>D</td>
<td>63%</td>
</tr>
<tr>
<td>D-</td>
<td>60%</td>
</tr>
<tr>
<td>F</td>
<td>&lt;60%</td>
</tr>
</tbody>
</table>

- Grading Policy:
  To stay current with educational research, students will be given weighted grades in health class. Students grades will be 80% based on summative assessments (tests, projects) and 20% on formative assessments (practice work.) Students will be allowed to turn in late practice work until the unit is completed. After the completion of a unit, practice work will not be counted towards the grade, but will still be corrected.

- Three Strike Rule:
  Please use above the line behaviors in class. Using a below the line behavior will result in a strike. Using a second below the line behavior will result in two strikes Using a third below the line behavior will result in a third strike and removal from class. With extreme behaviors, removal from class may occur before the third strike.

- Gum / Food Policy:
  No food is allowed in the health classroom. Water is allowed as long as the water bottle can close.

I am looking forward to a wonderful year of 7th grade health. Please contact me if there are any questions or concerns. I am looking forward to working with your family!

Sincerely,

Cristina LaPointe
7th Grade Health and PE Teacher